



SUGGESTED USE Consume the contents of one packet (5 capsules) daily or as recommended by a health care professional. For individuals seeking greater joint support consume up to three packets daily with food, preferably a complete meal. For best results, consume **Joint Benefits** with an additional 500 milligrams of Vitamin C daily, as found in a high potency, comprehensive multi-vitamin-mineral supplement such as one of **ANDREW LESSMAN'S Life Rx™** formulas. **For answers to questions about the use of this or any products from PROCAPS LABORATORIES call 800.800.1200.**

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.




Andrew Lessman
Founder of PROCAPS LABS



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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LABORATORIES

JOINT BENEFITS®

FOR HEALTHY JOINTS

GLUCOSAMINE SULFATE
M.S.M. • TURMERIC
BOSWELLIN
TYPE II COLLAGEN



DIETARY SUPPLEMENT

60 Perma-Fresh™ Packets • 300 Easy-to-Swallow Capsules

Andrew Lessman's JOINT BENEFITS formula is the culmination of over twenty-five years of work with nutrients, herbs and phytonutrients that support and maintain the health of joints. It is hard to imagine any other part of our body that endures more daily abuse than our joints. Over our entire lifetime, everything we do and everywhere we go is at the expense of substantial wear and tear on each and every joint in our body. It is no wonder that as we age, we become more conscious of the lifetime of wear and tear our joints have endured. Virtually every tissue in our body, particularly the complex tissues of our joints, can gradually lose some of their resiliency and their ability to perform as they did in our youth.

The ingredients in **Joint Benefits** are selected to provide the building blocks, such as Glucosamine and M.S.M., that allow your body to naturally support its joints in the face of the rigors of daily life. **Joint Benefits** also combines important joint nutrients such as Manganese, Boron, Silicon, Vitamin C and Vitamin D, along with a unique blend of distinctive standardized herbs specifically targeting your overworked joints. Each of these herbal extracts, Turmeric, Boswellin, Ginger Root and Licorice Root, have been used traditionally for centuries for their soothing anti-inflammatory properties.

We take for granted that our joints must support us through our entire lifetime. It only makes sense that we make some effort to both repay and contribute to that unwavering support. There is no easier, more comprehensive way to provide that healthy support than with the natural ingredients present in our unique **Joint Benefits** formula.

All-Natural • Additive-Free • Non-Acidic • Hypo-Allergenic • pH Balanced • Micro-Granulated Encapsulated • Cold-Processed • Perma-Fresh Packet Ultra-fine powders in a capsule are gentler on your stomach and dissolve more easily than the glued-together granules of ordinary vitamin tablets. Moreover, capsules avoid the heat generated by grinding nutrients and compressing them into tablets, thereby preserving their nutritional value. Only this 100% heat-free production yields our rapidly absorbed micro-granulated and encapsulated additive-free formulas. Lastly, since vitamins lose potency when exposed to light, moisture, heat and air, we employ our opaque, mylar-foil **Perma-Fresh** packet to protect and preserve the potency of the highly active nutrients contained in this formula from these damaging environmental factors.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

Contains shellfish (shrimp, crab and/or crawfish).

CONTAINS NO ADDITIVES OF ANY KIND

Supplement Facts

Serving Size **1 Packet (5 Capsules)**

Servings Per Container **60**

| Amount Per Packet | | %DV* |
|--|-----------|------|
| Vitamin C (as calcium ascorbate/ascorbyl palmitate) | 240 mg | 400% |
| Vitamin D (as cholecalciferol) | 100 IU | 25% |
| Magnesium (as magnesium oxide) | 40 mg | 10% |
| Manganese (as manganese citrate) | 2 mg | 100% |
| Boron (as boron aspartate) | 1,000 mcg | † |
| Glucosamine Sulfate | 800 mg | † |
| MSM (as methylsulfonylmethane) | 1,000 mg | † |
| Turmeric, extract (root) standardized to 95% curcuminoids | 250 mg | † |
| Boswellin, extract (resin) standardized to 70% total organic and boswellic acids | 125 mg | † |
| Ginger, extract (root) standardized to 5% gingerols | 60 mg | † |
| Licorice, extract (root) standardized to 26% glycyrrhizic acid | 40 mg | † |
| Silicon (as silicon dioxide) | 10 mg | † |
| Type II Collagen (from sternal cartilage) | 10 mcg | † |

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule.

NO ADDITIVES.