

SUGGESTED USE As a comprehensive multi-vitamin-mineral supplement, consume the contents of one packet (7 capsules) with food – preferably a complete meal. Because this product is non-acidic and pH balanced, you can feel comfortable taking all seven capsules at one time with a meal. For more sensitive stomachs, simply divide the contents of one packet for consumption with food or meals throughout the day. **For answers to questions about the use of this product call 800.800.1200.**

In 1979 Andrew Lessman founded **PROCAPS LABORATORIES** – a company committed to creating the world's only 100% pure and scientifically supported products to meet the exacting standards of physicians and other health professionals. Almost 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the inferior quality and additives typical of conventionally manufactured and sold products. And today, we uniquely and responsibly manufacture all our products using natural solar energy.

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
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PROCAPS LABORATORIES 430 Parkson Road Henderson, NV 89011 **ALL-SOLAR MANUFACTURING**

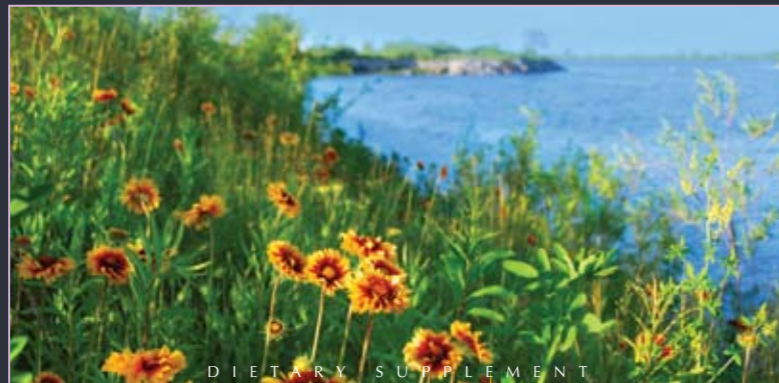
WOMEN'S LIFE Rx™

COMPLETE

COMPREHENSIVE MULTI-VITAMIN-MINERAL FORMULA

PLUS 1,000 MG OMEGA-3 FATTY ACIDS

ALL NATURAL • 100% PURE • ADDITIVE-FREE
GENTLE EVEN FOR SENSITIVE STOMACHS



DIETARY SUPPLEMENT

PROCAPS LABORATORIES

ALL-SOLAR MANUFACTURING

30 Perma-Fresh Packets™ • 210 Easy-to-Swallow Capsules

WOMEN'S COMPLETE LIFE Rx is the central member of **Andrew Lessman's Life Rx** family of formulas, which are the world's only 100% pure multi-vitamin-mineral supplements containing *only* the vitamins and minerals listed on the label and *no binders, fillers, lubricants or other manufacturing additives of any kind*. **Complete Life Rx** comes as an ultra-fine powder in small, soft, easy-to-swallow capsules that, despite its high potency, is guaranteed to be gentle even to the most sensitive stomach. **Complete Life Rx** is designed for those who seek something more than an ordinary vitamin by delivering all the benefits desired from a multivitamin without any of the problems commonly associated with their use.

Complete Life Rx offers purity, technology and a comprehensive list of ingredients not available from any other product at any price. **Complete Life Rx for Women** delivers more than 50 nutrients, including high levels of all essential vitamins and minerals, plus high potencies of anti-oxidants and carotenoids. **Complete Life Rx for Women** provides 1,000 IU of **Vitamin D**, along with exceptional levels of the B-Complex vitamins, including 500 mcg of **Biotin**, 250 mcg of **B-12** and 800 mcg of **Folic Acid**, plus 1,000 mg of **Vitamin C** from non-acidic Calcium Ascorbate and Ascorbyl Palmitate, along with the powerful anti-oxidant protection of a broad spectrum of carotenoids, such as **Alpha-Carotene**, **Beta-Carotene**, **Lutein** (2,000 mcg), **Lycopene** (2,000 mcg), **Zeaxanthin** (1,000 mcg) and **Astaxanthin** (500 mcg). For optimum bone health, **Complete Life Rx for Women** also delivers high levels of super soluble forms of **Calcium** (500 mg), **Magnesium** (200 mg) and **Boron**, the nutrients women need most to support the health of the skeleton. The **Vitamin E** in **Complete Life Rx** is extremely unique providing a high potency blend of all four of the most important forms of natural **Vitamin E** (400 mg Total Tocopherols) focusing on all important **Gamma Tocopherol** (240 mg). Experts agree that Vitamin E is the most protective anti-oxidant vitamin and that the most protective form of Vitamin E is Gamma Tocopherol, because of its superior anti-oxidant activity. Unfortunately, virtually all other multivitamins contain only Alpha Tocopherol and none of the superior Gamma Tocopherol at all. Unlike typical one-pill-per-day multivitamins that can never deliver the nutrient levels a woman truly requires in one tablet, **Complete Life Rx for Women** provides an exceptionally comprehensive list of essential vitamins, minerals and carotenoids at the potency levels respecting the scientific research and the needs of women.

Complete Life Rx for Women also includes the benefits of our **Essential Omega-3** formula, which delivers a uniquely balanced, contaminant-free blend of the Essential Omega-3 oils from Fish Oil *and* Flaxseed Oil – *without any fishy aftertaste*. The Omega-3 oils cannot be produced by the body and are sadly lacking in the American diet. Research has shown that diets rich in these Omega-3 oils are associated with superior heart, brain and circulatory health. To deliver the greatest benefits, our **Essential Omega-3** formula offers higher concentrations of both Docosahexaenoic Acid (DHA) and Eicosapentaenoic Acid (EPA) and while most Omega-3 formulas provide lower levels of eye and brain-supportive DHA, we provide just as much DHA as EPA. The Omega-3 oils from fish have long been recognized for their benefits, but they are equally well known for their unpleasant aftertaste and potential contaminants; however, our **Essential Omega-3** allows you to enjoy all the benefits of fish oils without concerns about any fishy aftertaste, mercury or contaminants. Unlike most Omega-3 formulas, we do not ignore the third Omega-3 oil, so we also provide Alpha Linolenic Acid from Flaxseed.

Complete Life Rx is also a pleasure to use, since it does not employ difficult to digest tablets and instead comes as a 100% pure, additive-free, ultra-fine powder in small, soft, easy-to-swallow capsules. These micro-granulated powders are pH balanced and non-acidic to most efficiently deliver their benefits while also being gentle even to the most sensitive stomach.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. **CONTAINS NO** Milk, yeast, wheat, gluten, sodium, salt, sugar, starch, cholesterol, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

THE PERFECT PACKET.

The New Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new Purple Packet is our most advanced Perma-Fresh Packet, offering you even more perfectly protected product under all conditions. To retain potency, vitamins must be protected from light, moisture and oxygen and the clear packets found with typical vitamins fail miserably to do so. Our newly developed Purple Packets are constructed from multiple layers of specialized materials to safeguard our vitamins from damaging light, moisture and oxygen. For decades, our Perma-Fresh Foil Packet has set the standard for vitamin protection and today, our new Purple Perma-Fresh Packet takes the quality of our products to unimaginable levels, giving your investment in your health the protection it deserves.



Supplement Facts

Amount Per Serving	Serving Size 1 Packet (4 Powder - 3 Liquid Capsules)	%DV*
Vitamin A (as alpha and beta carotene)	5,000 IU	100%
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	1 g (1,000 mg)	1667%
Vitamin D3 (as cholecalciferol)	1,000 IU	250%
Vitamin E (as total natural tocopherols)(liquid)	400 mg	
as natural gamma tocopherol	240 mg	
as natural alpha tocopherol	100IU (67 mg)	333%
as natural beta/delta tocopherol	93 mg	
Vitamin B1 (as thiamin hydrochloride)	20 mg	1333%
Vitamin B2 (as riboflavin)	20 mg	1176%
Niacin (as niacinamide/chromium nicotinate)	20 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	20 mg	1000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	250 mcg	4167%
Biotin	500 mcg	167%
Pantothenic Acid (as calcium pantothenate)	20 mg	200%
Calcium (ascorbate/citrate/malate/carbonate/pantothenate)	500 mg	50%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc citrate)	30 mg	200%
Selenium (as methionate/sodium selenite)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium nicotinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	75 mcg	100%
Boron (as boron glycinate)	1 mg (1,000 mcg)	+
Vanadium (as vanadyl sulfate)	50 mcg	+
Silicon (as silicon dioxide/Soluble Organic Silicon SOS)	10 mg	+
Lutein	2 mg (2,000 mcg)	+
Lycopene	2 mg (2,000 mcg)	+
Zeaxanthin	1 mg (1,000 mcg)	+
Astaxanthin	500 mcg	+
Phytoene - Phytofluene	372 mcg	+
Total Omega-3 Fatty Acids	1 g (1,000 mg)	+
Fish/Flaxseed Oil (anchovy, mackerel, sardine, tuna)	1.7 g (1,748 mg)	+
Eicosapentaenoic Acid (EPA) (Omega-3)	450 mg	
Docosahexaenoic Acid (DHA) (Omega-3)	450 mg	
alpha-Linolenic Acid (Omega-3)	100 mg	
Peppermint - Spearmint, oil (leaf)	25 mg	+

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. Other Ingredients: Soft-gelatin capsule (Gelatin, Glycerin); Gelatin capsule.

CONTAINS NO ADDITIVES OF ANY KIND.