

SUGGESTED USE As a comprehensive multi-vitamin-mineral supplement, consume the contents of one packet (7 capsules) with food – preferably a complete meal. Because this product is non-acidic and pH balanced, you can feel comfortable taking all seven capsules at one time with a meal. For more sensitive stomachs, simply divide the contents of one packet for consumption with food or meals throughout the day. **For answers to questions about the use of this product call 800.800.1200.**

In 1979 **Andrew Lessman** founded **PROCAPS LABORATORIES** - a company committed to creating the world's only 100% pure and scientifically supported products to meet the exacting standards of physicians and other health professionals. Almost 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the inferior quality and additives typical of conventionally manufactured and sold products. And today, we uniquely and responsibly manufacture all our products using natural solar energy.

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Purity. Quality. Integrity. Effectiveness.



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MEN'S LIFE Rx™

ELITE

THE MOST COMPREHENSIVE, HIGH ANTI-OXIDANT MULTI-VITAMIN-MINERAL-CAROTENOID FORMULA

**1,000MG OMEGA-3 FATTY ACIDS • 100MG COQ10/TRUQ10
150MG ALPHA LIPOIC ACID PLUS 46 VITAL NUTRIENTS**

**ALL NATURAL • 100% PURE • ADDITIVE-FREE
GENTLE EVEN FOR SENSITIVE STOMACHS**



PROCAPS LABORATORIES

ALL-SOLAR MANUFACTURING

30 Perma-Fresh Packets™ • 210 Easy-to-Swallow Capsules

MEN'S ELITE LIFE Rx is among the highest potency members of **Andrew Lessman's Life Rx** family of formulas, which are the world's only 100% pure multi-vitamin-mineral supplements containing only the vitamins and minerals listed on the label and *no binders, fillers, lubricants or other manufacturing additives of any kind*. **Elite Life Rx** comes as an ultra-fine powder in small, soft, easy-to-swallow capsules that, despite its high potency, is guaranteed to be gentle even to the most sensitive stomach. **Elite Life Rx** is designed for those who seek something more than an ordinary vitamin by delivering all the benefits desired from a multivitamin without any of the problems commonly associated with their use.

Elite Life Rx offers purity, technology and a comprehensive list of ingredients not available from any other product at any price. **Elite Life Rx for Men** delivers 50 nutrients, including high levels of all essential vitamins and minerals, plus high potencies of anti-oxidants and carotenoids. **Elite Life Rx for Men** provides 1,500 IU of **Vitamin D**, along with exceptional levels of the B-Complex vitamins, including 2,000 mcg of **Biotin**, 500 mcg of **B-12** and 800 mcg of **Folic Acid**, plus 1,000 mg of **Vitamin C** from non-acidic Calcium Ascorbate and Ascorbyl Palmitate, along with the powerful anti-oxidant protection of a broad spectrum of carotenoids, such as **Alpha-Carotene**, **Beta-Carotene**, **Lutein** (4,000 mcg), **Lycopene** (4,000 mcg), **Zeaxanthin** (2,000 mcg) and **Astaxanthin** (1,000 mcg). Unlike many men's formulas, we do not ignore the requirements of a man's skeleton, so **Elite Life Rx for Men** also delivers high levels of super soluble forms of **Calcium** (200 mg), **Magnesium** (100 mg) and **Boron**, the nutrients men need most to support the health of the skeleton. The **Vitamin E** in **Elite Life Rx** is extremely unique providing a high potency blend of all four of the most important forms of natural **Vitamin E** (600 mg Total Tocopherols) focusing on all important **Gamma Tocopherol** (400 mg). Experts agree that **Vitamin E** is the most protective anti-oxidant vitamin and that the most protective form of **Vitamin E** is **Gamma Tocopherol**, because of its superior anti-oxidant activity. Unfortunately, virtually all other multivitamins contain only **Alpha Tocopherol** and none of the superior **Gamma Tocopherol** at all. Unlike typical one-pill-per-day multivitamins that can never deliver the nutrient levels a man truly requires in one tablet, **Elite Life Rx for Men** provides an exceptionally comprehensive list of essential vitamins, minerals and carotenoids at the potency levels respecting the scientific research and the needs of men.

Elite Life Rx for Men also includes the benefits of our **Essential Omega-3** formula, which delivers a uniquely balanced, contaminant-free blend of the **Essential Omega-3** oils from **Fish Oil** and **Flaxseed Oil** – without any fishy aftertaste. The **Omega-3** oils cannot be produced by the body and are sadly lacking in the American diet. Research has shown that diets rich in these **Omega-3** oils are associated with superior heart, brain and circulatory health. To deliver the greatest benefits, our **Essential Omega-3** formula offers higher concentrations of both **Docosahexaenoic Acid (DHA)** and **Eicosapentaenoic Acid (EPA)** and while most **Omega-3** formulas provide lower levels of eye and brain-supportive **DHA**, we provide just as much **DHA** as **EPA**. The **Omega-3** oils from fish have long been recognized for their benefits, but they are equally well known for their unpleasant aftertaste and potential contaminants; however, our **Essential Omega-3** allows you to enjoy all the benefits of fish oils without concerns about any fishy aftertaste, mercury or contaminants. Unlike most **Omega-3** formulas, we do not ignore the third **Omega-3** oil, so we also provide **Alpha Linolenic Acid** from **Flaxseed**.

Elite Life Rx for Men also provides high levels of both **CoQ10** and **TruQ10**, which are likely the most important ingredients one might contemplate adding to their daily multivitamin. **CoQ10** is a powerful anti-oxidant, which also plays a critical role in all cellular energy production while **TruQ10** is scientifically accepted as the actual "working" form of **CoQ10**. **CoQ10** and **TruQ10** are both present at their highest concentrations in the "hardest working" organs in the body (heart, brain, liver and kidneys) and adequate levels of **CoQ10** and **TruQ10** are essential for keeping these vital organs functioning at their very best - particularly the heart. We also add **Alpha Lipic Acid (ALA)** to **Elite Life Rx for Men** because of its unique ability to be both water and fat soluble, which is why it is often referred to as the "Universal Anti-Oxidant". **ALA** is one of the few anti-oxidants that can go virtually anywhere in your body. Levels of **CoQ10**, **TruQ10** and **ALA** all decline in our bodies with age, stress and the consumption of certain medications, which makes their addition to a multivitamin all the more important. The ability of our body to produce energy and protect itself from oxidation is a defining element of good health and therefore no modern multivitamin or anti-oxidant regimen is complete without the addition of **Coenzyme Q-10**, **TruQ10** and **Alpha Lipic Acid**.

Elite Life Rx is also a pleasure to use, since it does not employ difficult to digest tablets and instead comes as a 100% pure, additive-free, ultra-fine powder in small, soft, easy-to-swallow capsules. These micro-granulated powders are pH balanced and non-acidic to most efficiently deliver their benefits while also being gentle even to the most sensitive stomach.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, yeast, wheat, gluten, sodium, salt, sugar, starch, cholesterol, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

THE PERFECT PACKET.

The New Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new **Purple Packet** is our most advanced **Perma-Fresh Packet**, offering you even more perfectly protected product under all conditions. To retain potency, vitamins must be protected from light, moisture and oxygen and the clear packets found with typical vitamins fail miserably to do so. Our newly developed **Purple Packets** are constructed from multiple layers of specialized materials to safeguard our vitamins from damaging light, moisture and oxygen. For decades, our **Perma-Fresh Foil Packet** has set the standard for vitamin protection and today, our new **Purple Perma-Fresh Packet** takes the quality of our products to unimaginable levels, giving your investment in your health the protection it deserves.



Supplement Facts Serving Size 1 Packet (4 Powder - 3 Liquid Capsules) Servings Per Container 30

Amount Per Serving		%DV*
Vitamin A (as alpha and beta carotene)	5,000 IU	100%
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	1 g (1,000 mg)	1667%
Vitamin D3 (as cholecalciferol)	1,500 IU	375%
Vitamin E (as total natural tocopherols)(liquid)	600 mg	
as natural gamma tocopherol	400 mg	
as natural alpha tocopherol	100 IU (67 mg)	333%
as natural beta/delta tocopherol	133 mg	
Vitamin B1 (as thiamin hydrochloride)	40 mg	2666%
Vitamin B2 (as riboflavin)	40 mg	2352%
Niacin (as niacinamide/chromium nicotinate)	40 mg	200%
Vitamin B6 (as pyridoxine hydrochloride)	40 mg	2000%
Folic Acid	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Biotin	2 mg (2,000 mcg)	668%
Pantothenic Acid (as calcium pantothenate)	40 mg	400%
Calcium (as ascorbate/citrate/malate/carbonate/pantothenate)	200 mg	20%
Magnesium (as magnesium oxide)	100 mg	25%
Zinc (as zinc citrate)	30 mg	200%
Selenium (as methionate/sodium selenite)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium nicotinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	75 mcg	100%
Boron (as boron glycinate)	1 mg (1,000 mcg)	†
Vanadium (as vanadyl sulfate)	50 mcg	†
Silicon (as silicon dioxide/Soluble Organic Silicon-SOS)	10 mg	†
Lutein	4 mg (4,000 mcg)	†
Lycopene	4 mg (4,000 mcg)	†
Zeaxanthin	2 mg (2,000 mcg)	†
Astaxanthin	1 mg (1,000 mcg)	†
Phytoene - Phytofluene	744 mcg	†
Coenzyme Q-10 (Natural Ubiquinone)	90 mg	†
TruQ10 (Natural Ubiquinol - Activated CoQ10)	10 mg	†
Alpha Lipic Acid	150 mg	†
Total Omega-3 Fatty Acids	1 g (1,000 mg)	†
Fish/Flaxseed Oil (anchovy, mackerel, sardine, tuna)	1.7 g (1,748 mg)	†
Eicosapentaenoic Acid (EPA) (Omega-3)	450 mg	
Docosahexaenoic Acid (DHA) (Omega-3)	450 mg	
alpha-Linolenic Acid (Omega-3)	100 mg	
Peppermint - Spearmint, oil (leaf)	25 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. Other Ingredients: Soft-gelatin capsule (Gelatin, Glycerin); Gelatin capsule.

CONTAINS NO ADDITIVES OF ANY KIND.