

BONE & BODY FACTORS™

ALL THE BENEFITS OF WOMEN'S WELLNESS

CALCIUM-MAGNESIUM INTENSIVE CARE AND MORE



60 Perma-Fresh Packets™ • 240 Easy-to-Swallow Capsules

Andrew Lessman's BONE and BODY FACTORS is designed to conveniently and economically offer women the combined benefits of our **Calcium-Magnesium Intensive Care, Women's Wellness** and more. The combination of "super-soluble" forms of Calcium (500 mg) with Magnesium (250 mg), Vitamin D3 (400 IU), Vitamin C, Boron and Soluble Organic Silicon create our most comprehensive formula for achieving optimum skeletal maintenance, protection, support and growth. Calcium and Magnesium are two of the most abundant and vital minerals in your skeleton, but are lacking from the typical American diet, making supplementation a very important decision. Moreover, because Calcium can be so difficult to absorb – particularly as we get older – we provide special micro-granulated "super-soluble" forms of this critical building block for strong, healthy bones. We also include Vitamin D3, since it is absolutely essential for Calcium absorption, along with the trace minerals Boron and Silicon, since both are required for skeletal tissue and Silicon is generally removed from the foods we eat, making it difficult to get from the diet and our special Soluble Organic Silicon helps to overcome Silicon's inherently poor solubility.

For thousands of years, Soy has long been a staple food in the healthy Asian diet and **Bone and Body Factors** delivers our highest levels – 70 mg of Soy Isoflavones, including Genistein and Daidzein with their well-established hormone-balancing benefits. These Isoflavones offer exceptional natural support throughout all stages of a woman's life, particularly with the challenging symptoms associated with the normal transitions of menopause, perimenopause and even PMS. Not only are these Isoflavones natural "phytoestrogens," but they also offer exceptional anti-oxidant benefits and further support to the skeleton. We also include high levels of standardized water-extracted Green Tea with its powerful anti-oxidant polyphenols and catechins, including EGCG (125 mg), the molecule primarily responsible for the myriad of health benefits associated with Green Tea, to support several body systems, including the heart, liver and delicate tissues of the breast. **Bone and Body Factors** also provides Sulforaphane and Indole-3-Carbinol, two beneficial natural components from cruciferous vegetables (broccoli, cauliflower, Brussels sprouts, etc.). Sulforaphane is thought to be principally responsible for the anti-oxidant and health benefits associated with broccoli, and Indole-3-Carbinol has been shown to support and maintain the health of the breast and may also help to maintain normal estrogen activity. **Bone and Body Factors** also provides our highly standardized concentrate of cranberry to deliver powerful anti-oxidant and urinary tract support. In addition, we include the important carotenoids Lutein and Lycopene, which deliver powerful anti-oxidant benefits to certain vital organs, including the skin, eye and breast tissue. We also include high levels of Folic Acid and Vitamin B-12 to provide healthy support to a woman's energy, nervous, reproductive and circulatory systems. In short, **Bone and Body Factors** offers comprehensive, convenient and economical daily support for the most important tissues, organs and systems that affect the quality of a woman's experience and passage through life.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTAINS NO Milk, yeast, corn, wheat, gluten, sodium, salt, sugar, starch, fat, cholesterol, oil, emulsifier, wax, binder, filler, excipient, lubricant, coating, diluent, flowing agent, color, flavor, sweetener or preservative.

CONTAINS NO ADDITIVES OF ANY KIND

THE PERFECT PACKET.

The Perma-Fresh Purple Packet. The Only Packet Worthy of Our 100% Pure Products.

Our new Purple Packet is our most advanced Perma-Fresh Packet, offering you even more perfectly protected product under all conditions. To retain potency, vitamins must be protected from light, moisture and oxygen and the clear packets found with typical vitamins fail miserably to do so. Our newly developed Purple Packets are constructed from multiple layers of specialized materials to safeguard our vitamins from damaging light, moisture and oxygen. For decades, our Perma-Fresh Foil Packet has set the standard for vitamin protection and today, our new Purple Perma-Fresh Packet takes the quality of our products to unimaginable levels, giving your investment in your health the protection it deserves.

Supplement Facts

Serving Size 1 Packet (4 Capsules) Servings Per Container 60

Amount Per Packet		%DV*
Vitamin C (as calcium ascorbate/ascorbic acid)	30 mg	50%
Vitamin D ₃ (as cholecalciferol)	400 IU	100%
Folic Acid	100 mcg	25%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Calcium (as calcium citrate/malate/carbonate/ascorbate)	500 mg	50%
Magnesium (as magnesium oxide)	250 mg	63%
Novasoy™, ultra-concentrated extract (soybean) standardized to 40% isoflavones	175 mg	†
Green Tea, extract (leaf) standardized to 98% polyphenols	250 mg	†
Cranberry, extract (fruit) standardized to 35% fruit acids/0.5% proanthocyanidins/17:1 concentrate	250 mg	†
Broccoli, extract (sprout) standardized to 1.2% sulforaphane	50 mg	†
Indole-3-Carbinol	75 mg	†
Boron (as boron glycinate)	1.5 mg (1,500 mcg)	†
Silicon (as silicon dioxide/Soluble Organic Silicon-SOS)	5 mg	†
Lutein	2 mg	†
Lycopene	1 mg	†
Total EGCG per dose	125 mg	†
Total Isoflavones per dose	70 mg	†
Total Genistein per dose	33 mg	†
Total Daidzein per dose	30 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule.

NO ADDITIVES.

SUGGESTED USE Consume the contents of one Perma-Fresh Purple Packet (4 capsules) daily or as recommended by a health care professional. Take this product with food, preferably a complete meal. **Bone and Body Factors** is most effective when used in conjunction with a high potency, comprehensive multi-vitamin-mineral supplement such as one of **ANDREW LESSMAN'S Life Rx™** formulas. **For answers to questions about the use of this product call 800.800.1200.**

UNSURPASSED.
Purity. Quality. Integrity. Effectiveness.



QUESTIONS? RE-ORDERS?
CALL 800.800.1200
WWW.PROCAPSLABS.COM



430 Parkson Road
Henderson, NV 89011