

**SUGGESTED USE** Consume one or more capsules daily or as recommended by a health care professional. For best results, take this product with food containing a small amount of fat. This product is most effective when used in conjunction with a high potency, comprehensive multi-vitamin-mineral supplement from **ANDREW LESSMAN'S Life Rx™** family of formulas. **For answers to questions about the use of this product call 800.800.1200.**

**ALL NATURAL · POTENCY PROTECTED**

# CoQ10 150 with TRUQ10

250 MG VITAMIN C · HIGH POTENCY B-COMPLEX



**PROCAPS  
LABORATORIES**

**ALL-SOLAR  
MANUFACTURING**

360 Easy-to-Swallow Capsules

**Andrew Lessman's COQ10-150 WITH TRUQ10** is arguably the greatest scientific breakthrough in the delivery of CoQ10 since the discovery of CoQ10 itself. CoQ10 has long been accepted as necessary for all cellular energy production and it is therefore essential for all life and must also be present in every cell in our body. In fact, because of CoQ10's presence throughout our body, its chemical name is Ubiquinone, which comes from the word "ubiquitous" meaning appearing everywhere. But most people do not realize that there are two forms of CoQ10, one called Ubiquinone (standard CoQ10) and one referred to as Ubiquinol (**TruQ10**). These two forms of CoQ10 may appear to differ by only their last few letters, but they differ profoundly in the benefits they provide. When CoQ10 goes to "work" in our body it does so as **TruQ10**; however, outside our body **TruQ10** is so delicate that until today it could not survive in a nutritional supplement. In fact, the creation of this "activated" form of CoQ10 is so unique, it's patented and for the first time, we make it available in our proprietary protective micro-granules. Each capsule of this unique formula delivers 135 mg of natural CoQ10 (Ubiquinone), plus 15 mg of natural **TruQ10** (Ubiquinol). **TruQ10** is scientifically accepted as the active, "working" form of CoQ10 within our body and our body must convert standard CoQ10 to **TruQ10** to achieve its benefits. By delivering **TruQ10** directly, we enhance the absorption, utilization and availability of both forms of CoQ10. **TruQ10's** ability to enhance the benefits of CoQ10 is vital to all of us as we age, since both CoQ10 and **TruQ10** levels decline with age and **TruQ10** is also invaluable if we find ourselves contending with stress, taking medications, dealing with health issues or are physically active. All cells require CoQ10 to produce energy and provide powerful antioxidant protection, and **TruQ10** is the chemical form that directly and powerfully provides those two critical benefits. Like CoQ10, **TruQ10** is found in the highest concentrations in the "hardest working" organs in the body, such as the heart, brain, liver and kidneys. The ability of these tissues to produce energy and protect themselves from oxidation is a defining element of good health, and the already proven benefits of CoQ10 are now even more readily available with the addition of our patented and protected **TruQ10**.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## Supplement Facts

Amount Per Serving	Serving Size 1 Capsule	%DV*
		Servings Per Container 360
Vitamin C (as calcium ascorbate/ascorbyl palmitate)	250 mg	417%
Vitamin B1 (as thiamin hydrochloride)	5 mg	333%
Vitamin B2 (as riboflavin)	5 mg	294%
Niacin (as niacinamide)	5 mg	25%
Vitamin B6 (as pyridoxine hydrochloride)	5 mg	250%
Folic Acid	50 mcg	13%
Vitamin B12 (as cyanocobalamin)	100 mcg	1667%
Biotin	50 mcg	17%
Pantothenic Acid (as calcium pantothenate)	5 mg	50%
Calcium (as ascorbate/pantothenate)	30 mg	3%
<b>Coenzyme Q-10 (Natural Ubiquinone)</b>	<b>135 mg</b>	<b>†</b>
<b>TruQ10 (Natural Ubiquinol-Activated CoQ10)</b>	<b>15 mg</b>	<b>†</b>
Branched Chain Amino Acid Complex (Leucine, Valine, Isoleucine)	10 mg	†

\* Percent Daily Values (%DV) are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Gelatin capsule.

**NO ADDITIVES.**

**UNSURPASSED.**

Purity. Quality. Integrity. Effectiveness.

Andrew Lessman  
Founder of ProCAPS LABS



**QUESTIONS? RE-ORDERS?**  
**CALL 800.800.1200**  
**www.ProCAPSLabs.com**

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602179 ©2009 ProCAPS LABS 09.09.09 PC