

SUGGESTED USE For best results and optimum absorption, consume the contents of one packet (6 capsules) with food – preferably a complete meal. Because this product is mild and non-acidic, you can consume all 6 identical capsules at one time with a meal or simply divide them throughout the day with food. **For answers to questions about the use of this product call 800.800.1200.**

PROCAPS LABORATORIES – THE ONLY CHOICE OF PROFESSIONALS. In 1979, Andrew Lessman founded a nutritional supplement manufacturing company committed to creating the world's only additive-free supplements to meet the exacting standards of physicians and other medical, fitness and athletic professionals. More than 30 years later, **PROCAPS LABORATORIES** continues as the only alternative to the inferior quality and additives typical of conventionally manufactured and distributed products. Today, we are proud to make available to you the same products that have long been viewed as the only choice of informed professionals.

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WOMEN'S LIFE Rx™

ELITE

HIGH POTENCY VITAMINS, MINERALS & ANTI-OXIDANTS

COQ10 • EGCG • ALA • RESVERATROL • POMEGRANATE

ALL NATURAL • ULTRA-MILD • ADDITIVE-FREE
GENTLE EVEN FOR SENSITIVE STOMACHS



30 Perma-Fresh Packets™ • 180 Easy-to-Swallow Capsules

WOMEN'S ELITE LIFE Rx is an ultra-high-potency member of **Andrew Lessman's Life Rx** family of multi-vitamin-mineral formulas, which are the only products of their kind containing *only* the nutrients listed on the label and *no binders, fillers, lubricants or other manufacturing additives of any kind.* **ELITE LIFE Rx** comes as an ultra-fine powder in small, easy-to-swallow capsules that are guaranteed gentle even to sensitive stomachs. **ELITE LIFE Rx** provides all the benefits you seek without the problems typically associated with a multi-vitamin.

WOMEN'S ELITE LIFE Rx is the world's first "All Powder" multi-vitamin-mineral to deliver high levels of Gamma Vitamin E, along with more than 42 other nutrients, including high potencies of all essential vitamins, minerals, carotenoids, phytonutrients and anti-oxidants. **ELITE LIFE Rx** provides 1,600 IU of Vitamin D₃, along with high levels of the full B-Complex, including 2,000 mcg of Biotin and 500 mcg of our protected Vitamin B-12, plus 1,000 mg of non-acidic Vitamin C, along with the powerful protection of key carotenoids, including Lutein (4,000 mcg), Lycopene (4,000 mcg), as well as hard-to-find Zeaxanthin (2,000 mcg) and Astaxanthin (1,000 mcg). **Women's ELITE LIFE Rx** also delivers high levels of soluble forms of Calcium and Magnesium, along with 1,600 IU of Vitamin D₃. Experts agree that the most protective form of Vitamin E is Gamma Tocopherol, yet virtually all multi-vitamins and Vitamin E formulas contain only the less protective Alpha Vitamin E. The presence of high levels of more protective Gamma Vitamin E makes **ELITE LIFE Rx** unique and now we do so in an ultra-mild All Powder formula.

ELITE LIFE Rx also provides 100 mg each of five vital ingredients: **Coenzyme Q-10, Alpha Lipoic Acid, Resveratrol, EGCG and Pomegranate.**

Coenzyme Q-10 (CoQ10) – 100 mg. Generally the first ingredient added to any multi-vitamin, **CoQ10** is critical for all cellular energy production while also a powerfully protective anti-oxidant. It must be present at high concentrations in our hardest working organs (heart, brain, liver and kidneys). Proper levels are required for our most vital organs to function at their best. **CoQ10** levels decrease with age, stress, cholesterol-lowering drugs, poor diet and even physical activity.

Alpha Lipoic Acid (ALA) – 100 mg. Because it is uniquely both water and fat soluble, **ALA** is called the "Universal Anti-Oxidant." This unique solubility allows it to go virtually anywhere in your body protecting hard-to-reach tissues (brain and liver) from oxidative damage. Even more important is its role in the creation of our body's most powerful internal anti-oxidant – Glutathione. Like **CoQ10**, our levels of **ALA** decline further with age, stress and the use of certain medications.

Resveratrol – 100 mg. Currently the subject of the most exciting anti-aging research and only recently available in an ultra-high potency natural form. Our 100 mg potency is the equivalent of more than 200 glasses of Red Wine. **Resveratrol** is the ingredient behind the benefits of Red Wine and a vital part of the healthy Mediterranean diet. **Resveratrol** offers powerful protection to the tissues of the heart, brain and breast; however, it is **Resveratrol's** impact on the telomeres of our chromosomes that places it at the forefront of the latest anti-aging research.

Epigallocatechin Gallate (EGCG) – 100 mg. EGCG from Green Tea combines thousands of years of traditional use with decades of remarkably compelling research. EGCG enhances the activity of our body's most important internal anti-oxidants, including Glutathione. EGCG is also vital to our liver and therefore to our body's internal cleansing and detoxification systems, while also offering vital and powerful protection to the delicate tissues of our brain, heart, breast and skin.

Pomegranate (40% Ellagic Acid/ 40% Punicalagins) – 100 mg. Used for centuries as a folk remedy and referred to as the "sacred fruit," scientists have confirmed **Pomegranate's** unique protective benefits. Unfortunately, most Pomegranate products, including juices are not standardized to deliver any of its key beneficial compounds, whereas our **40:40 Complex** is standardized for both **Punicalagins** and **Ellagic Acid** assuring you all the benefits you seek from **Pomegranate** without the sugar and calories of Pomegranate Juice.

WOMEN'S ELITE LIFE Rx delivers all the nutrients you seek *without* employing difficult to digest tablets or oil-based capsules and instead comes as an ultra-mild, pure, additive-free powder in small, easy-to-swallow capsules. The ultra-fine, non-acidic powder in each capsule effectively delivers its benefits while also being gentle even to the most sensitive stomach. Unlike typical one-pill-per-day multi-vitamins that cannot deliver the levels a woman truly requires, **ELITE LIFE Rx** provides a comprehensive list of essential vitamins, minerals, carotenoids and phytonutrients at the potency levels respecting the scientific research and the needs of women.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

THE PERFECT PACKET.

The New Perma-Fresh Purple Packet.
The Only Packet Worthy of Our 100% Pure Products.

Our new **Purple Packet** is our most advanced packet ever, offering you even more protection than our original **Perma-Fresh Foil Packet.**

To retain potency, vitamins must be protected from light, moisture and oxygen and the ordinary clear packets used with typical vitamins fail miserably to do so. Our newly developed **Purple Packets** are constructed from multiple layers of specialized materials to safeguard your vitamins from damaging light, moisture and oxygen. For decades, our **Perma-Fresh Foil Packet** set the standard for vitamin protection and today, our new **Perma-Fresh Purple Packet** takes that protection to even higher levels, giving the world's finest vitamins the special protection they deserve.

Supplement Facts

Amount Per Serving	Serving Size 1 Packet (6 Capsules)	%DV*
Vitamin A (as alpha and beta carotene)	5,000 IU	100%
Vitamin C (as calcium ascorbate/ascorbol palmitate)	1 g (1,000 mg)	1667%
Vitamin D ₃ (as cholecalciferol)	1,600 IU	400%
Vitamin E (as total natural tocopherols)	300 mg	
as natural gamma tocopherol	200 mg	
as natural alpha tocopherol	120 IU (80 mg)	400%
as natural delta/beta tocopherol	20 mg	
Vitamin B1 (as thiamin hydrochloride)	25 mg	1667%
Vitamin B2 (as riboflavin)	25 mg	1471%
Niacin (as niacinamide/chromium nicotinate)	25 mg	125%
Vitamin B6 (as pyridoxine hydrochloride)	25 mg	1250%
Folic Acid	400 mcg	100%
Vitamin B12 (as cyanocobalamin)	500 mcg	8333%
Biotin	2,000 mcg	667%
Pantothenic Acid (as calcium pantothenate)	25 mg	250%
Calcium (as ascorbate/carbonate/malate)	500 mg	50%
Magnesium (as magnesium oxide)	200 mg	50%
Zinc (as zinc citrate)	30 mg	200%
Selenium (as methionate/sodium selenite)	200 mcg	286%
Copper (as copper citrate)	2 mg	100%
Manganese (as manganese citrate)	1 mg	50%
Chromium (as chromium nicotinate)	200 mcg	167%
Molybdenum (as molybdenum glycinate)	75 mcg	100%
Boron (as boron glycinate)	1,000 mcg	†
Vanadium (as vanadyl sulfate)	50 mcg	†
Silicon (as silicon dioxide/Soluble Organic Silicon)	5 mg	†
Lutein	4 mg (4,000 mcg)	†
Lycopene	4 mg (4,000 mcg)	†
Zeaxanthin	2 mg (2,000 mcg)	†
Astaxanthin	1 mg (1,000 mcg)	†
Alpha Lipoic Acid	100 mg	†
Coenzyme Q-10 (Natural Ubiquinone)	100 mg	†
Epigallocatechin Gallate (EGCG)	100 mg	†
(from standardized Green Tea Leaf Extract)		
Pomegranate, extract (fruit)	100 mg	†
(standardized to 40% Punicalagins/40% Ellagic Acid)		
Resveratrol (from <i>Polygonum cuspidatum</i> (root) extract)	100 mg	†
Branched Chain Amino Acids (Leucine, Valine)	50 mg	†

* Percent Daily Values (%DV) are based on a 2,000 calorie diet. † Daily Value not established. Other Ingredients: Gelatin capsule. **NO ADDITIVES.**